



# CAMPS

## SUMMER 2020 SAFETY GUIDELINES



SCREENING  
PROCEDURES



GROUP SIZES  
& PHYSICAL  
DISTANCING



CLEANING &  
SANITIZATION



TEACHING  
HEALTHY  
HABITS



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# CAMPS

**FAMILY OWNED & OPERATED SINCE 1993**

Dear Camper Parents,

Thank you for choosing TCR Camps! In our 27 years of providing athletic and enrichment programming for NYC children, TCR has always taken great care to maintain a safe, clean, and spacious environment for our campers. We believe it is particularly important for children's athletic activities and socialization to resume after months of being at home, and we are grateful that you have put your trust in our program this summer.

To mitigate the risks of spreading COVID-19 and other illnesses in accordance with NY camp guidelines we will be doing things a little differently while still making sure we are having tons of fun. The key areas of change in our camp operation are:

- Screening
- Physical Distancing
- Protective Equipment
- Cleaning & Sanitizing
- Touchpoint Reduction
- Healthy Habits & Practices
- Facility & Activity Changes
- Isolation & Contact Tracing

You may read the below guidelines on the pages that follow and please let us know if you have any questions or concerns.

In Good Health,

TCR The Club of Riverdale

# SCREENING PROCEDURES



We can limit exposure to disease transmission by screening those exhibiting symptoms of an illness both before entry and upon entry. TCR will maintain a continuous log of every person on site, including employees, parents/guardians, children, and any essential visitors.

## **TCR Staff Screening**

- Staff are required to stay home if they are displaying any symptoms of an illness before coming in or at any point during their shift
- All employees will have required temperature and symptom checks twice per day and recorded in a logbook
- Temperature greater than 100.4 degrees will result in the employee being sent home

## **Camper Pre-Screening**

Before campers arrive at TCR or enter a transportation vehicle, we rely on parents to help us prevent their child from attending if they are sick or have been exposed to COVID-19. Steps for parents to take involve:

- Taking your child's temperature daily to monitor for fever or temperature greater than 100.4 °F
- Screening for the presence of alternative symptoms (cough, shortness of breath, diarrhea, fatigue, headache, muscle aches, nausea, loss of taste or smell, sore throat, vomiting, etc.)
- Determining if your child in the previous 14 days has tested positive for COVID-19
- Determining if your child in the previous 14 days has been in close contact with a person who has been diagnosed with, tested for, or quarantined because of suspected COVID-19.
- If your child is exhibiting symptoms or has been exposed via travel or contact with a COVID-19 positive patient within the previous 14 days, they should not come to camp.

## **Daily Screening Upon Entry to Camp or Transport Vehicle**

In addition to help from parents, we will conduct our own daily screening of campers. Screening measures will include no-touch temperature checks and verbal symptom checks. Campers exhibiting temperatures above 100.4 °F or multiple symptoms will be isolated and either picked up or delivered home by one of our transport staff.

# PHYSICAL DISTANCING



We will be reducing our total camp capacity and group sizes so that we can pay closer attention to each camper, provide more space and physical distancing, and enact rapid contact tracing if necessary.

- Campers will be placed into small groups for the week based on age and level. The recommended group size is 15, we are going to limit it to 6 for Tennis and Golf Camps, and 10 for Young Olympians. Counselor ratio will always be within 1:6.
- Children from the same household will be kept together when possible.
- Groups will be kept as static as possible and maintain physical distancing within the group, and will have no or minimal contact with other groups or utilize common spaces at the same time, to the greatest extent possible.
- Practices will be implemented to maintain adequate physical distancing in small areas such as restrooms such that only one camper/staff will be allowed at a time, or cubby rooms that only one group may enter at a time.
- We will prohibit non-essential visitors on site, to the extent possible
- We will designate areas for pick-ups and deliveries, limiting contact to the extent possible
- We will limit in-person gatherings of employees to the greatest extent possible
- WE will stagger arrival and drop-times, when feasible, and have staff receive the camper from the parent at the beginning of the day and deliver at the end of the day to avoid parents/guardians from having to enter the facility.
- We will maintain a staffing plan that does not require employees to “float” between different groups of children

# PROTECTIVE EQUIPMENT



- All employees will be provided and required the wearing of face coverings any time they are less than 6 feet apart from one another, and at all times when interacting with children/campers regardless of distance
- Screeners providing temperature checks will wear advanced PPE including gloves, glasses and N95 masks
- When staff are in contact with shared objects or frequently touched areas they will wear gloves (ex: when feeding tennis balls) or use sanitizers before and after contact. Sanitizer stations will be located near all touchpoints.

- Campers will be required to wear masks while in the rec-hall during the morning period, dismissal period and when on transportation vehicles if they are over the age of 2 and medically able to do so. Campers will be encouraged to wear masks at all other times except while partaking in strenuous physical activity or swimming.

## CLEANING & SANITIZATION



TCR's full time cleaning staff will work in concert with camp counselors to enhance our efforts to clean and sanitize the equipment and facilities.

- Additional hand sanitizer dispensers, disinfectant wipes and spray disinfectants will be made available in all areas of the camp
- Shared equipment will be sanitized before and after each use with provided cleaning tools
- Staff will assist in reminding campers to help clean up and supplement their efforts
- Cleaning/disinfection supplies will be provided in all areas of the camp
- Daily disinfectant fogging of facilities to ensure we cover every surface
- Maintenance staff will focus cleaning on high traffic areas with multiple touch points

## TOUCHPOINT REDUCTION



We can reduce the exposure to shared surfaces by eliminating or automating manual operations.

- **Maximize automation utilizing motion sensors in operation of the following:**
  - Sinks
  - Toilets
  - Soap Dispensers
  - Doorways
- **Manual Doors**
  - Doors will be propped open where able
  - Nano-septic Door Handle Covers
    - Self-cleaning nano-septic stickers will cover door handles where privacy is required (locker rooms, bathrooms)
  - Wipes will be provided nearby required touchpoints
  - Constant cleaning of door handles and other required touchpoints that cannot be automated
- **Eliminating certain shared implements**

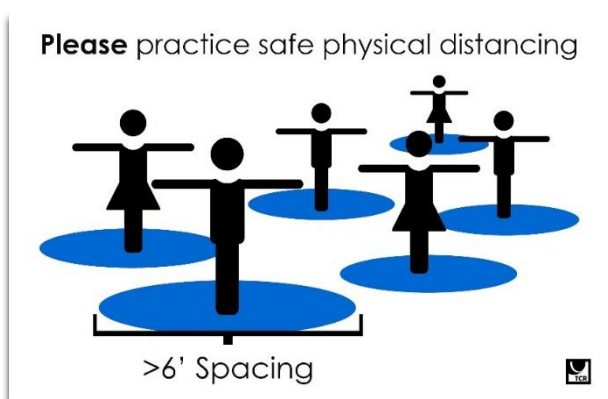
# HEALTHY HABITS



Signs will be posted club wide to remind campers and staff of the healthy habits that will help us prevent the spread of illnesses. Staff will ensure campers observe safe practices.

- Wash or sanitize your hands frequently and thoroughly for 20 seconds
  - Upon entering the facilities
  - Before coming into contact with any child
  - Before and after eating
  - After sneezing, coughing or nose blowing
  - After using the rest room
  - Before handling food
  - After touching or cleaning surfaces
  - After using any shared equipment
- Do not touch your face
- Cover your mouth if you sneeze or cough
- Avoid handshakes and greet others verbally
- Maintain safe physical distancing

## HEALTHY HABITS SIGNAGE SAMPLES



# FACILITIES & ACTIVITIES

Below we will outline how each facility and activity will be impacted by our safety plan.

## SWIMMING POOL

- Stable groups of campers will be separated in the water
- Appropriate social distancing will be kept in the water
- Use of all swimming aids and flotation devices will be suspended
- Pool showers will be open for use
- “Wet areas” in locker rooms will be closed, including showers, steam rooms and saunas. Campers using the pool will shower on the pool deck.
- Lockers will be spaced and only one group will be allowed in the locker rooms at a time

## GYMNASIUM SPORTS

- Balls and teaching implements will be sanitized before and after each activity
- Activities without shared implements like soccer, kickball, relay races, dance/aerobics, skill-building and conditioning will be prioritized

## TENNIS

- We will stagger court reservations when possible
- Disinfectant wipes and/or disinfectant spray will be provided at each water fountain
- Campers will each have their own hopper to avoid touching balls or sharing touchpoints
- Coaches will feed balls using gloves

## LUNCH

- Lunch will be included and provided in pre-packaged plates for campers
- Stable groups of children will be kept separated in the rec-hall
- Mealtimes will be staggered to reduce occupancy/congregation
- Separate tables with seating kept at least 6 feet apart from other tables

## TRANSPORTATION

- Vehicles will operate at 50% capacity
- If groups of children must be mixed within a vehicle seating will be arranged to maximize difference between different groups
- All individuals (driver, employees and children) over the age of 2 years and able to medically tolerate a face covering must wear face coverings
- Children will occupy seats from back to front when boarding the vehicle
- Ventilation will be increased by opening windows when weather permits



# ISOLATION & CONTACT TRACING

In the event that a parent/guardian of a child/camper must be isolated because they have tested positive for, or exhibited symptoms of, COVID-19, the parent/guardian may not enter the site for any reason, including picking up their child. Upon notification of a parent/guardian exhibiting symptoms or testing positive, or upon a camper exhibiting symptoms, they will be isolated on premises until either a parent/guardian can pick them up from camp or until a TCR transport vehicle can deliver them home.

- If the parent/guardian – who is the a member of the same household as the child/camper – is exhibiting signs of COVID-19 or has been tested and is positive for the virus, an emergency contact authorized by the parent to come pick up the child. As a “close contact,” the child/camper must not return to the child care or day camp for the duration of the quarantine.
- If the parent/guardian– who is the a member of the same household as the child/camper – is being quarantined as a precautionary measure, without symptoms or a positive test, staff will walk out or deliver the child/camper to the parent/guardian at the boundary of, or outside, the premises. As a “contact of a contact” the child/camper may return to camp during the duration of the quarantine.
- If a child/camper or their household member becomes symptomatic for COVID-19 and/or tests positive, the child must quarantine and may not return or attend camp program until after quarantine is complete.
- TCR will immediately notify the state and local health department about any positive test result by an employee or child/camper at our site and follow their guidance for contact tracing, if necessary.